

# EQUIPMENT LIST SNOWSHOEING



## Essential items:

- Back Pack
- Shell jacket & pants waterproof: what you would wear skiing
- Fleece mid layer
- Thermals top & bottom no cotton
- Beanie & neck gaiter
- Gloves
- Goggles & sunglasses
- Sunhat/cap
- Sunscreen
- Lunch & snacks
- Water 2Lt for full day trip
- Hiking boots/Oversnow boots

## Gear supplied

- Snowshoes
- Walking Poles

Snowy Mountains Backcountry have some of the above items in their retail section, see [STORE](#) page.

## Note on footwear

It is not uncommon for shoes to become wet when snowshoeing. Water proof hiking boots or oversnow boots with thick socks are ideal. Oversnow boots can be hired from most ski rental stores.

## Note on layering

Ordinarily you won't need to wear everything at once when on the move & sometimes you will. Once you stop you will soon cool down & need the extra layers. It is easier to have it & take it off than not have it at all. It is a bit like not carrying vehicle chains for your car, you will very much regret not having them when needed. It becomes a safety issue. The addition of a down jacket is also a very good idea, particularly on trips to Kosciuszko or mid winter trips.