

EQUIPMENT LIST - Ski Touring



Equipment Selection

Please be sure to bring all of the equipment listed below, you will not need anything other than what is listed! On arrival at the designated meeting point your Guide will omit any unnecessary items. Time management is a very important part of the day, please be packed as listed below ready with **BOOTS ON** ready to go. Your Guide will have the final word on equipment selection.

Backpack

A 30Lt pack is necessary to carry enough equipment for safe backcountry travel. For technical tours where crampons & ice axe are required you will need a 40Lt pack. It's essential that an Alpine Ski Touring pack has the right design to correctly carry skis when climbing on ascent or on the tour approach across open ground. SMBC can loan a pack if required.

Ski Boots & Alpine Touring Bindings

Ideally a ski with Pin Tech bindings & Alpine Touring (AT) boots are better suited to ski touring. This set up is lighter & the boots have a generous walk mode, softer flex & not as tight fitting as your resort boot. If renting, book your gear well ahead of time. Frame bindings also work & are okay for shorter initial tours, this binding can tour with any boot. You can use an ordinary resort boot in them but if your boot doesn't have a walk mode & it is a performance fit it can be a very tough day!

Gear list for a Day Ski Tour: **NON NEGOTIABLE**

- Backpack with ski carry capability **NO LESS THAN 30Lt**
- Shell jacket & pants waterproof & breathable
- Fleece mid layer **NO HOODIES**
- Insulation Jacket: Down or Synthetic packable jacket **MUST HAVE**
- Thermals top & bottom **NO COTTON**
- Beanie & neck gaiter
- Gloves
- Sunglasses & Goggles: low light goggles
- Sunhat/cap
- Sunscreen
- Lunch & snacks: Simple easy to eat pre-made items i.e. bread rolls, snacks, trail mix, energy bars
- Water 2Lt
- Skis with Alpine Touring Bindings: ideal width for variable Australian conditions is about 95mm
- Ski strap for lashing skis together
- Adjustable ski poles
- Climbing skins with correct fit for ski; try them on your skis prior to tour day to ensure they are the correct fit & ready to go. If renting, ensure they match the ski, cover as much of the base as possible excluding metal edges & have good adhesion to base!
- Be sure to bring any necessary personal medications!
- Helmets are mandatory for Western Faces Experience; at your discretion for other tours, a lightweight ski touring type helmet is best
- Your guide will carry necessary safety & comms gear.

Gear Included

- Emergency Equipment
- Avalanche Equipment, crampons & ice axe for some trips
- ***If hiring Skis+Skis+Poles please go to our FAQ's for hire locations, we recommend booking ahead!***

See **CLASSROOM WEB PAGE FOR INFORMATION ON SKIS / BINDINGS / BACKPACKS / SKINS / CLOTHING LAYERING / & MORE**