

A word on equipment selection

When heading beyond boundaries you need to have enough scope in your kit to safely achieve your goals & deal with what if's. Whilst it's unwise to carry too little as your objectives could be compromised so too is it to carry too much! If you are continually not using something you should consider omitting it from your kit unless it's part of your emergency equipment. It's much like chains for cars, the day you leave them at home & need them is a bad day! The items below are all essential requirements for SMBC tours.

Backpack

A day pack suited to Alpine Touring will be provided for all participants. These comfortable packs are well suited to backcountry travel being an ideal volume for day trips & capable of securely carrying skis. It is essential that an Alpine Touring pack has the correct design to securely carry skis, at times seasonal variations may require walking on approach or during the tour.

Ski Boots for Ski Touring

All SMBC Alpine Touring rental skis have frame bindings which are suited to normal downhill ski boots, you do not require a touring specific boot. If you are hiring or buying a boot the ideal Alpine Touring Ski Boot should have a generous walk mode, a softer flex, not as tight fitting as your resort boots, a grippy sole & if required tech fittings for tech bindings.

Gear to bring for a Day Ski Tour

On arrival at Guthega Mountain Centre we will do a "Shakedown" & rationalise your equipment so that you aren't carrying any unnecessary weight or unsuitable equipment including your backpack. SMBC have the final word on this.

- Back Pack with ski carry capability **SUPPLIED**; less than 30Lt is not suitable for Backcountry travel
- Shell jacket & pants waterproof
- Fleece mid layer
- Insulation Jacket: Down or Synthetic packable jacket
- Thermals top & bottom no cotton
- Beanie & neck gaiter
- Gloves
- Sunglasses & Goggles: low light goggles
- Sunhat/cap
- Sunscreen
- Lunch & snacks: Simple easy to eat pre-made items i.e. bread rolls, snacks, trail mix, energy bars
- Water 2Lt
- Skis with Alpine Touring bindings. For ski dimension recommendations see "ALPINE TOURING SKIS" in SMBC Classroom. The ideal width for Australian conditions is 80-95mm. **for hire at SMBC**
- Ski Poles: adjustable **for hire at SMBC**
- Climbing skins with correct fit for ski; try them on your skis prior to ski day to ensure they are the correct fit & ready to go. If renting ensure they match the ski & cover as much of ski base as possible excluding metal edges! For more information on Skins see "Choosing Climbing Skins" below. **For hire at SMBC**
- Be sure to bring any necessary medications!

Gear supplied

- Back Pack suited to Alpine Ski Touring
- Emergency Equipment
- Ski strap; to lash skis together
- Avalanche Equipment, crampons & ice axe for some trips
- **If you would like to hire Skis+Skins+Poles please mark on booking form or let us know!**

Snowy Mountains Backcountry have some of the above items in their retail section, see STORE page.

Gear for hire at SMBC HQ see "STORE" page

- Alpine Touring Skis, climbing skins, adjustable poles

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